

**NURSING HOME INFORMATION**  
**STATEMENT OF PURPOSE AND FUNCTION**

**THE AIMS OF SKIBBEREEN RESIDENTIAL CARE CENTRE.**

- The aim of Skibbereen Residential Care Centre is to ensure the maximum possible individual care and attention for all of the residents of the home.
- Skibbereen Residential Care Centre is “for profit” a commercial organisation. However, we firmly believe that this does not in any way conflict with the reality of providing first class care, treatment, accommodation, catering, entertainment, facilities, and continuity of life style for our Residents.
- We fully recognise that problems will occur, that errors will be made and complaints will be received. These problems, errors and complaints will be a valued source of data for improvement. We aim to continuously improve our operations to make life and conditions better for our residents.
- We have identified five core values and principals as a target in the management of the care of those living in Skibbereen Residential Care Centre:
  - Maximizing personal control
  - Enabling choice
  - Respecting dignity
  - Preserving continuity of life experience and care provision
  - Promoting privacy

## **NURSING HOME INFORMATION**

### **OBJECTIVES OF SKIBBEREEN RESIDENTIAL CARE CENTRE**

- **Our objective is to provide a high standard of care and treatment in keeping with best practice and current legislation, to dependent people who can no longer live at home.**
- **To provide an environment, which as far as is possible replicates the resident's previous home life.**
- **The preservation of residents' dignity and privacy is critical.**
- **To ensure that our residents live in a comfortable, clean and safe surroundings.**
- **Our residents will be treated with respect and staff will be sensitive to individual needs and abilities.**
- **Resident's opinions and preferences will be taken into consideration and will be treated with respect.**
- **To encourage residents to exercise choice, to the extent that the risk assessment allows. An environment which encourages individuality and self-awareness will be provided.**
- **The staff at the Home will seek to develop, maintain and maximise the full potential of each Resident.**
- **It is our objective to promote the greatest possible independence of every resident, no matter what their level of dependency.**
- **Residents will be encouraged to retain links outside of the Home. They will also be encouraged to use these links as a form of alternative support and source of advice.**
- **The Home will be as non-institutionalised as is possible.**
- **The quality of life in the Home will be enhanced by a wide range of normal activities.**
- **Residents will be encouraged to mix, however, no pressure will be exerted on those who do not wish to.**
- **Responsible risk taking will be regarded as normal and residents will be encouraged to undertake certain activities despite an element of risk. There will be an avoidance of excessive paternalism to ensure minimum infringements of personal rights. Residents who are competent to judge the risk to themselves will be free to make their own decisions as long as they do not threaten the safety of others.**

## NURSING HOME INFORMATION

### ETHOS OF CARE

- We cater for the individual needs of each Resident - an essential aspect of the caring process. We endeavour to match the ideal staff member to each Resident, to cater for preferences for male or female, quiet or lively, casual or formal.
- Daily routines are carried out at the Resident's pace, with the emphases on maximizing personal control, enabling choice and respect for dignity. By taking the time to get to know each of our residents, we cultivate a friendly and happy atmosphere that residents, relatives and staff alike warm to right away.
- Residents may come and go, based on appropriate risk assessment, and visitors are welcome at all times. We consider social relationships with like-minded people to be of the utmost importance and we arrange a wide range of social and recreational activities both on the premises and outside.

### APPLYING OUR ETHOS OF CARE

#### POLICY STATEMENT ON OUR ETHOS OF CARE

The following principals will be applied in the delivery of care to all of our residents:

- Tailoring care to the individual
- Knowing our Residents personally
- Respecting Residents rights
- Ensuring Residents privacy and dignity
- Maximising Residents abilities and independence
- Managing risk appropriately
- Promoting choice
- Empowering Residents
- Empowering relatives
- Earning the trust of Residents and their relatives
- Nurturing Harmony, Peace, Calm and Love

*Good staff whose qualities include:*

- The necessary skills
- Kindness
- Evidence of a caring attitude

## NURSING HOME INFORMATION

### *Good care for the Resident, including:*

- Dignity, privacy and respect
- Individuality in care
- Making the Resident feel special (e.g. an affectionate touch, hand holding or a kiss)
- Clothes carefully laundered and returned intact
- Ensuring that Residents are always clean, (shaved) tidy and properly dressed
- Appropriate activity and stimulation
- Plenty of outings
- Good food

### *A good physical environment, including:*

- Security
- A pleasant, homely environment
- Plenty of space
- A nice garden
- Good location and accessibility
- Facilities for meetings and visits, other than in the Residents bedroom
- A permanently clean environment
- Pleasant décor and a comfortable environment
- No unpleasant odours

### *A good social environment, including:*

- Homely, family atmosphere
- Loving atmosphere
- Happy atmosphere
- Activity / stimulation – people not sitting around the room for long periods

### *A good response to relatives, including:*

- Easy relaxed relationships between relatives and staff
- Relatives made to feel welcome
- Relatives invited to partake in representation process
- Relatives feeling able to influence care
- Contact with other Residents
- Contact with other relatives
- Management and staff appreciation of relatives and their feelings

## NURSING HOME INFORMATION

### THE NUMBER OF RESIDENTS IN THE HOME

The maximum number of residents in the Home is: Fifty

### CATERGORIES OF CARE PROVIDED

The following are the categories of care provided by the Home:

- Respite / Convalescent Care
- Short, medium and long-term retirement/residential Nursing care

### THE LEVEL OF NEEDS THAT CAN BE ACCOMMODATED

The following are the level of needs that can be accommodated in the Home:

- We can accommodate independent to maximum dependency clients
- Post operative clients including post-op cardiac surgery

### SPECIAL NEEDS THAT CAN BE ACCOMODATED

We also provide convalescence, respite and dementia care. Post stroke, Post operative care and basic nursing care.















### STAFFING ARRANGEMENTS

- The number and skill mix of staff on duty is determined and provided according to a transparently applied, nationally validated, assessment tool to plan and meet the needs of the residents. This is subject to regular review by the Person in Charge.
- The Person in Charge will ensure that the skill mix of qualifications of all staff (qualified and unqualified) are at all times appropriate.
- Staffing levels will be determined by:
  - The assessed needs of the residents
  - The size of the Home
  - The layout of the Home






Current staffing arrangements are as follows:

Position	No. Employed	No. of whole time equivalents
Management	3	3
Nursing Staff	13	9.3
Healthcare Assistants	28	19.25
Kitchen Staff	7	4.7
Cleaning/Laundry Staff	5	4.2
Caretaker	1	0.5
Physiotherapist	1	0.5
Activities	2	1

### Social Activities, hobbies & interests.

-  Library
-  Organising specialist events
-  Music and movement sessions
-  Dancing
-  Sing-along
-  Mass/Service
-  Quizzes
-  Concerts
-  Bingo
-  Card games
-  Music evenings
-  Readings
-  Art
-  Gardening

### Outings such as:

-  To shop
-  To dine
-  To seaside
-  For walks
-  For afternoon tea

### Events such as:

-  Birthday parties
-  Anniversaries
-  Personal Special Occasions
-  Christmas festivities
-  Easter festivities
-  Halloween
-  Sunday lunch with wine served

## NURSING HOME INFORMATION

### The facilities provided

The following facilities are provided by the Home:

- In house award winning catering facility
- TV / Internet access in each bedroom
- Direct dial telephone in each bedroom
- Weekly entertainment program
- Hydrotherapy baths
- In house physiotherapist

The physical facilities of the premises.

- Physiotherapy Room
- Internal atrium gardens
- Library
- Television Room
- Spacious Lounge
- Hairdressing salon
- Oratory

The following are a list of key policies that inform practice in the Home and these are available on request from the Person in Charge

- CARE PLANNING POLICY
- EQUALITY POLICY
- ADMISSIONS POLICY
- FALL PREVENTION POLICY
- MISSING RESIDENT POLICY
- CONTINENCE POLICY
- SMOKING POLICY
- ALCOHOL POLICY
- ADVOCACY & CONSENT POLICY
- GOVERNANCE AND MANAGEMENT POLICY
- COMPLAINTS POLICY
- RESTRAINT USE POLICY
- TRANSFER DISCHARGE POLICY
- MEDICATION MANAGEMENT POLICY
- HAND HYGIENE POLICY
- ABUSE POLICY

### Worship

Clergy of all denominations are welcome at any time and regular services are held at the Home. Should you wish us to contact your priest or minister, please do not hesitate to ask.

## NURSING HOME INFORMATION

The Home is situated on Baltimore Road, Skibbreen, Co. Cork

Telephone: (028) 23617 – Fax: (028) 23044 – Email: [Info@Skibbcare.com](mailto:Info@Skibbcare.com)

The Registered Providers are: Don Cahalane and Colette Moyles, % Skibbreen Residential Care Centre, Baltimore Road, Skibbreen, Co. Cork.

It was opened in December 2004

The Home is owned by Skibbreen Residential Care Ltd

The Person in Charge is Jessily Panicker RGN, BSc Nursing, PGDip Gerontological Nursing, Director of Nursing. % Skibbreen Residential Care Centre, Baltimore Road Skibbreen, Co. Cork

Also included in the management team are Saritha Ravindran, Assistant Director of Nursing and Wendy Robinson, Assistant Administrator.

Current HIQA Registration, No. 10/24/280 expires 28/07/2013. Conditions as set by the Chief inspector are:

1. The centre is primarily for the accommodation of older persons, age 65 or over.
2. No person under the age of 18 may be accommodated at the centre at any time, regardless of medical condition.
3. Both male and female persons may be accommodated at the centre
4. The maximum number of persons who may be accommodated at the centre is 50
5. That people with dementia under 65 years cannot be accommodated.
6. That people with acquired brain injury cannot be accommodated.
7. That people with intellectual disabilities cannot be accommodated.
8. That people with physical disabilities cannot be accommodated.
9. That accommodation cannot be provided to residents under the age of 65 for palliative care.
10. That accommodation can be provided to residents under the age of 65 for convalescent or respite care.
11. Continued registration is conditional on payment in time and in full of all relevant fees or charges payable under the Act and Regulations made thereunder;
12. The expiry date of this registration is three years from the date of issue of the Certificate of Registration.

The Home has 50 beds we cater for both male and female.

All rooms are en-suite



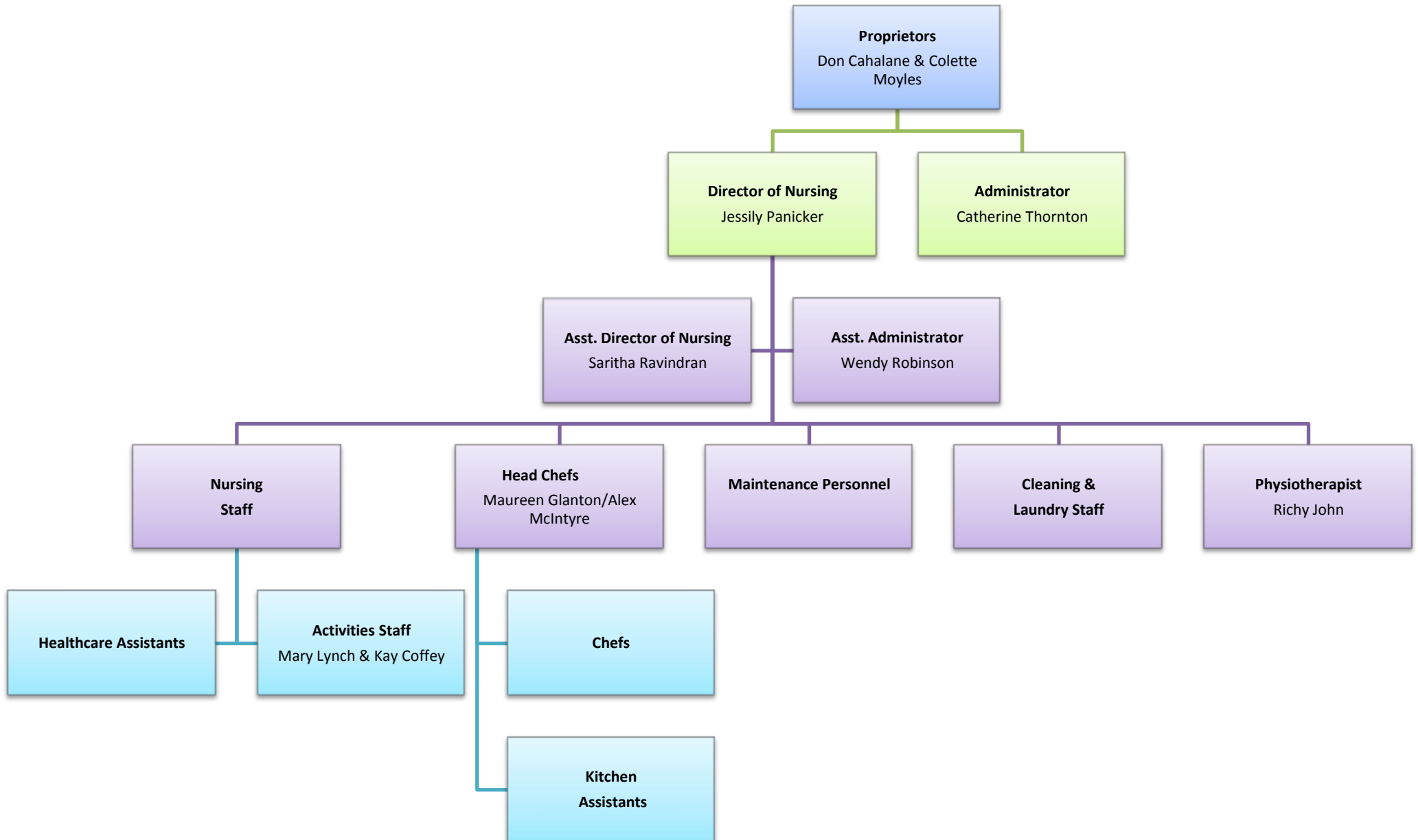
## NURSING HOME INFORMATION

### Room Sizes:

Room	Measurement (metres)	Area Metre <sup>2</sup>
Television Room	5.18m x 8m	41.44m <sup>2</sup>
Lounge	6.7m x 11.5m	77.0m <sup>2</sup>
Oratory	7.7m x 2.8m	21.56m <sup>2</sup>
Single Bedroom	4.9m x 3.3m	16.17m <sup>2</sup>
Double Bedroom	6.8m x 3m	20.4m <sup>2</sup>
Sluice Rooms	3.1m x 2.1m	6.93m <sup>2</sup>
Cleaners Room	3.8m x 2.8m	10.64m <sup>2</sup>
Ladies Staff Toilet	3.8m x 2.6m	9.88m <sup>2</sup>
Linen Room 1	2.9m x 2.7m	7.83m <sup>2</sup>
Linen Room 2	5.5m x 1.7m	9.35m <sup>2</sup>
Disabled Toilets	1.9m x 2.1m	3.99m <sup>2</sup>
Bathroom 1	5.5m x 3.2m	17.6m <sup>2</sup>
Bathroom 2	5.4m x 3.2m	17.28m <sup>2</sup>
Smoking Room	4.8m x 3.3m	15.84m <sup>2</sup>
Therapy Room	5.5m 2.4m	13.20m <sup>2</sup>
Hairdressers	5.5m x 3.3m	18.15m <sup>2</sup>
Clinical Room	2.9m x 2.5m	7.25m <sup>2</sup>
Staff Room	3.8m x 2.0m	7.6m <sup>2</sup>
Dining Room	8.0m x 7.6m	60.08m <sup>2</sup>
Male Visitors Toilet	1.9m x 2.7m	5.13m <sup>2</sup>
Female Visitors Toilet	2.1m x 2.6m	5.46m <sup>2</sup>

## NURSING HOME INFORMATION

The management structure within Skibbereen Residential Care Centre is as follows:



## **NURSING HOME INFORMATION**

### **Mission Statement**

**Our aim is to enhance the quality of life of our residents. This will be achieved by embracing all aspects of health and social care within an environment designed and equipped to provide a first-class standard of care within a peaceful and tranquil setting.**

### **Philosophy of Care**

**Each staff member will respect your right to dignity.**

**You are an individual, not just a person.**

**Our staff will always address you as you wish to be addressed and will show sensitivity and tact in caring for you at all times.**

**Your right to decide what happens to you will be respected and your consent will be sought at all times**

**Each member of staff will respect your right to privacy.**

**Your room is your private domain.**

**You have the right to be undisturbed if you wish and staff will always knock at your door and wait for response before entering, however, this will be discussed with you on admission.**

**Each member will respect your right to independence. We will help you to live an independent life as far as is possible.**

**We commit ourselves to finding out your likes and dislikes and to be guided by your individual preferences.**

**Each member of staff will respect your right to choice including your right to decide on going to bed and rising.**

**You tell us whether you wish to join in activities and what you prefer to eat.**

**When we compile your Care Plan it will be with you or your relatives or representative participation in the plan.**

**As far as possible, you will decide how you wish to live, and how you wish to be cared for.**

**We will ensure that your physiological, psychological, and social needs are fulfilled to your desired potential.**

**You will be allowed and assisted to follow the religion of your choice and to have any special needs in relation to this met.**

**If you wish you will be able to receive visitors at any reasonable time and make contact with relatives or friends whenever you choose.**